

Just Be You

1 person skit using the left hand shaped as a head.

Person facing the congregation: I would like to talk to you today about ... (notices the left hand has shaped into a head and is looking at him)... excuse me just as second ... (looks at the left hand who immediately 'looks ahead'. Person looks for a few seconds then faces front again) ... As I was saying I would like to talk to you (notices left hand 'looking' at him again) ... Sorry, I just need to deal with something (faces the hand who immediately again looks away).\

Person (addressing the hand): Look at me... Look at me. (hand looks at him. Person looks ahead) No, don't look at me. What am I saying? (Person looks at hand again) You are not a head. You do not have eyes. You are my left hand.

Person: Look, I acknowledge that I do use my right hand a lot, and so you may feel that as my left hand you are not very important or valuable. It's true, I use the right hand to write. I use the right hand to shake hands with people, to wave at people, to point. I do use the right hand to do things that I don't use you for. I can't deny that. (left hand as a head looks sad). But I got to tell you, you are still valuable and important. You know very well that when it comes to getting wax out of my ears I use you as much as I use the right hand. And, I use you just as much as when I get crusty bits out of my nostrils.

Ok, I know that doesn't sound very exciting, but I don't think you realize just how satisfying it is when you pull out a big crust bit. And do you think I can pull my trousers up, or do up shoelaces just with my right hand? No, I need you, my left hand as well. And how about this for a whole new level of importance – without you I cannot give Donna a nice big hug. How good is that. And, left hand, do you realize you do something the right hand can't do? You can scratch my right arm. Just show him right hand (right hand shows him). See!

Left hand, I really want you to go back to being my left hand.

God made you to be my body's left hand, and he doesn't make junk.

You can celebrate being my left hand. You are valuable, you are important, you are useful. The body needs you to be who you are.

What do you say? ... (hand returns to hand shape – gives thumbs up, and other positive hand sign)

Person faces people: I have my hand back. (hand runs fingers through person's hair) Yes, I like you too. (hand then sticks finger up person's nose) I'm glad I have my hand back. He still needs to learn some finesse, but so do all my parts. (hand wipes finger on trousers) Person stays smiling at people, and left hand shows thumbs up again.